

**prime club Hamilton daily activities**  
**(open 9:00 AM – 9:00 PM Monday – Friday)**  
**513.867.1998 or visit [www.PartnersInPrime.org](http://www.PartnersInPrime.org)**

**MONDAY**

9:00 – 9:00	Wii Games Fitness Equipment Billiards Puzzles Table Tennis Checkers Open Computer Lab Laptop Classes (4 <sup>th</sup> ) (\$) ®	1 <sup>st</sup> Floor Lobby Fitness Room Lower Level Gathering Room Lower Level Gathering Room Classroom Classroom
9:00 – 11:30	Corn Hole	Wellness Room
9:15 – 11:00	Drawing Class (1 <sup>st</sup> )	Art Studio
9:15 – 11:00	Water Color (2 <sup>nd</sup> , 3 <sup>rd</sup> & 4 <sup>th</sup> )	Art Studio
9:30 – 10:30	Zumba (\$)	Grand Ballroom A & B
11:00 – 11:30	Zumba Lite (\$) ®	Grand Ballroom A & B
11:30 – 12:30	Lunch	Dining Room
1:00 – 4:00	Bridge	Dining Room
1:30 – 3:00	Golden Tappers (\$)	Fitton Center
6:15 – 7:15	Zumba (\$)	Grand Ballroom A & B

**TUESDAY**

8:00 – 12:30	Low Vision Clinic (1 <sup>st</sup> & 3 <sup>rd</sup> ) ®	Health Education
9:00 – 9:00	Wii Games Fitness Equipment Billiards Puzzles Table Tennis Checkers Corn Hole	1 <sup>st</sup> Floor Lobby Fitness Room Lower Level Gathering Room Lower Level Gathering Room Wellness Room
9:00 – 11:30	Massage Therapy (3 <sup>rd</sup> ) (\$) ®	Health Education
10:00 – 12:00	Fitness Room Orientation ®	Fitness Room
10:00 – 3:00	Quilting	Art Studio
10:00 – 11:00	Self Defense (\$) ®	Fitness Room
10:00 – 11:15	Walk & Exercise	Grand Ballroom A & B
10:30 – 11:30	BP Clinic (3 <sup>rd</sup> )	2 <sup>nd</sup> Floor Lobby
11:30 – 12:00	Fit for Life (\$) ®	Fitness Room
11:30 – 12:30	Lunch	Dining Room
12:00 – 1:00	Chronic Conditions Group (4 <sup>th</sup> ) ®	Classroom
12:15 – 3:30	Pitch	Gathering Room
12:30 – 2:00	Murstein Line Dancers (\$)	Grand Ballroom A
12:30 – 4:00	Bid Euchre	Gathering Room
1:00 – 2:00	Butler County Veterans	
	Discussion Group (1 <sup>st</sup> & 3 <sup>rd</sup> )	Wellness Room
1:00 – 2:30	4-Ever Young Dancers (\$)	Grand Ballroom B

**prime club Hamilton daily activities**  
**(open 9:00 AM – 9:00 PM Monday – Friday)**  
**513.867.1998 or visit [www.PartnersInPrime.org](http://www.PartnersInPrime.org)**

**TUESDAY**

1:00 – 4:00	Duplicate Bridge	Dining Room
2:00 – 5:00	Ortho-Bionomy (2 <sup>nd</sup> & 4 <sup>th</sup> ) (\$) ®	Health Education
7:15 – 8:15	Zumba (\$)	Grand Ballroom A & B

**WEDNESDAY**

9:00 – 9:00	Wii Games	I <sup>st</sup> Floor Lobby
	Fitness Equipment	Fitness Room
	Billiards	Lower Level
	Puzzles	Gathering Room
	Table Tennis	Lower Level
	Checkers	Gathering Room
9:00 – 11:30	Corn Hole	Wellness Room
9:30 – 10:00	Zumba Lite (\$) ®	Grand Ballroom A
10:00 – 3:00	Quilting	Art Studio
	Train Room	Lower Level
10:00 – 11:00	BG & BP Clinic (1 <sup>st</sup> )	I <sup>st</sup> Floor Lobby
10:00 – 11:30	Goldenaires	Grand Ballroom B
10:00 – 2:00	Facials & Waxing (2 <sup>nd</sup> & 4 <sup>th</sup> ) (\$) ®	Health Education
10:30 – 11:30	Russian Class	Classroom
10:45 – 11:30	Bingo	Dining Room
11:00 – 12:00	Beginning Hula	Grand Ballroom A
11:30 – 12:30	Lunch	Dining Room
11:30 – 12:00	Goldenaires perform (1 <sup>st</sup> )	Dining Room
12:15 – 3:00	Pitch	Gathering Room
12:30 – 1:30	Karaoke	Grand Ballroom B
1:00 – 3:00	German Class	Classroom
	BP Clinic (2 <sup>nd</sup> , 3 <sup>rd</sup> & 4 <sup>th</sup> )	2 <sup>nd</sup> Floor lobby
2:00 – 4:00	Afternoon Dance	Grand Ballroom A & B
6:15 – 7:15	Zumba (\$)	Grand Ballroom A & B

**THURSDAY**

9:00 – 9:00	Wii Games	I <sup>st</sup> Floor Lobby
	Fitness Equipment	Fitness Room
	Billiards	Lower Level
	Puzzles	Gathering Room
	Table Tennis	Lower Level
	Checkers	Gathering Room
9:00 – 11:30	Corn Hole	Wellness Room
9:00 – 10:00	Prime Pacers	Grand Ballroom A & B

**prime club Hamilton daily activities**  
**(open 9:00 AM – 9:00 PM Monday – Friday)**  
**513.867.1998 or visit [www.PartnersInPrime.org](http://www.PartnersInPrime.org)**

**THURSDAY**

10:00 – 11:15	Walk & Exercise	Grand Ballroom A & B
10:00 – 12:00	Fitness Room Orientation ®	Fitness Room
10:30 – 11:30	BP Clinic (2 <sup>nd</sup> )	2 <sup>nd</sup> Floor Lobby
10:30 – 3:00	Crafters	Art Studio
10:30 – 11:15	Bingo	Dining Room
11:30 – 12:00	Fit for Life (\$) ®	Fitness Room
11:30 – 12:30	Lunch	Dining Room
12:30 – 2:00	Murstein Line Dancers (\$)	Grand Ballroom A
12:30 – 4:00	Pinochle	Dining Room
12:30 – 5:00	500 Card Game	Dining Room
1:00 – 2:30	4-Ever Young Dancers (\$)	Grand Ballroom B
	Alzheimer's Support Group (2 <sup>nd</sup> )	Wellness Room
3:00 – 4:30	Philatelic Society (2 <sup>nd</sup> )	Dining Room
5:00 – 6:00	Line Dancing (\$)	Grand Ballroom A & B
5:30 – 6:15	Pilates (\$) ®	Wellness Room
6:00 – 9:00	Beginning Ballroom (\$) ®	Grand Ballroom A & B

**FRIDAY**

9:00 – 9:00	Wii Games	1 <sup>st</sup> Floor Lobby
	Fitness Equipment	Fitness Room
	Billiards	Lower Level
	Puzzles	Gathering Room
	Table Tennis	Lower Level
	Checkers	Gathering Room
9:00 – 9:00	Open Computer Lab	Classroom
9:00 – 11:30	Corn Hole	Wellness Room
9:30 – 11:00	Golden Tappers (\$)	Grand Ballroom A
10:00 – 1:00	Hand & Foot	Dining Room
10:00 – 11:45	Wood Carving	Art Studio
11:00 – 11:30	Beginning Tap (\$)	Grand Ballroom A
11:00 – 11:45	Tai Chi (\$) ®	Health Education
11:00 – 12:00	Hula	Grand Ballroom B
11:30 – 12:30	Lunch	Dining Room
12:15 – 3:30	Pitch	Gathering Room
1:00 – 4:00	Duplicate Bridge	Dining Room
7:00 – 8:30	Square Dancing (\$)	Grand Ballroom A & B

**(\$)** = Fee

**®** = Advanced Registration

**prime club Hamilton daily activities**  
**(open 9:00 AM – 9:00 PM Monday – Friday)**  
513.867.1998 or visit [www.PartnersInPrime.org](http://www.PartnersInPrime.org)

**prime Spa Services**

**Ortho-Bionomy**

2:00 – 5:00                      Tuesday (2<sup>nd</sup> & 4<sup>th</sup>)                                              Health Education  
Member rates:                      \$15 per 10 minutes / \$30 per 20 minutes  
Non-member rates:                      \$20 per 10 minutes / \$40 per 20 minutes

**Reiki**

1:00 – 3:00                      Friday (1<sup>st</sup> & 3<sup>rd</sup>)                                              Health Education  
Member rates:                      \$20 per 20 minutes / \$35 per 30 minutes / \$60 per hour  
Non-member rates:                      \$25 per 20 minutes / \$40 per 30 minutes / \$65 per hour

**Massage Therapy**

                    Neuromuscular Massage  
                    Swedish Massage  
                    Deep tissue Massage  
10:00 – 12:00                      Tuesday (3<sup>rd</sup>)                                              Health Education  
Member rates:                      \$35 per 30 minutes / \$60 per hour  
Non-member rates:                      \$40 per 30 minutes / \$65 per hour

**Facials & Waxing Services**

10:00 – 2:00                      Wednesday (2<sup>nd</sup> & 4<sup>th</sup>)                                              Health Education

Call for price sheet

Reservations are required for all services, Also a Waiver form must be signed prior to a therapeutic session.

Gift certificates are available for purchase.